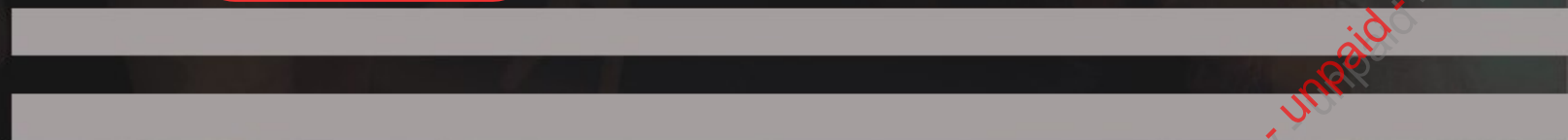


FASHION DESIGN

# PORTFOLIO

Homa

2019 – 2023



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THE THINGS THEY CARRIED :  
Green collection

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پارسیان  
Capri collection

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THE THINGS THEY CARRIED



Stages

- Emergency - Hyper-vigilant
- Denial - Numb
- Intrusive - Nightmare
- Intermediate - Reprocess
- Recovery - Integration

Upon finding limited information and work on PTSD, I thought of working on the stages of experiencing trauma till healing. I made a visual board comprising of certain self-clicked photos.

Tangled threads served as the medium for expressing the various stages of PTSD, for I found it's resemblance with unprocessed thoughts, quite uncanny.

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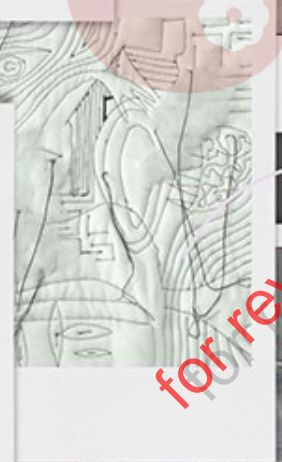
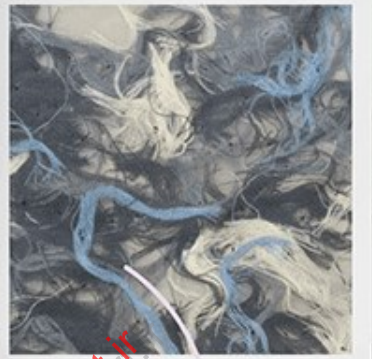
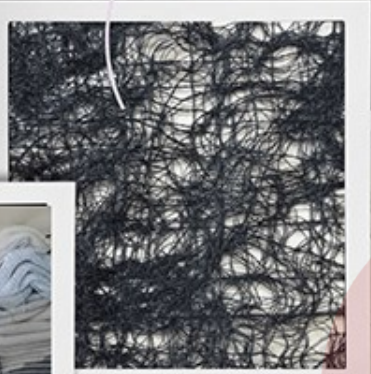
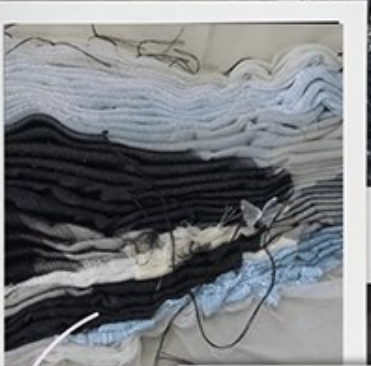


Self-clicked visuals

SURFACE  
EXPLORATIONS

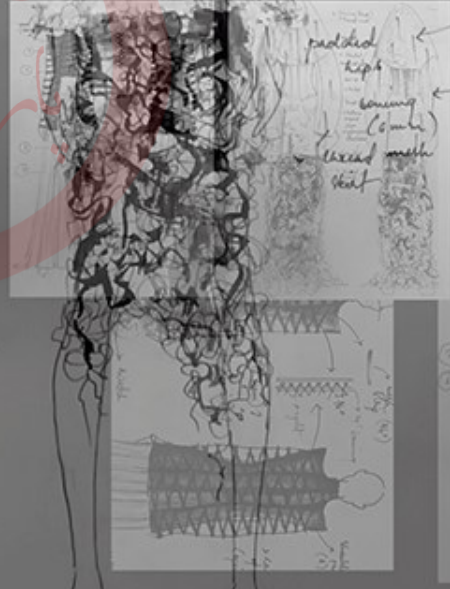
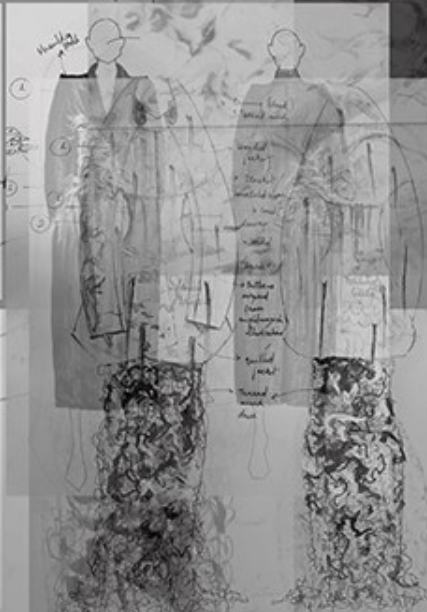
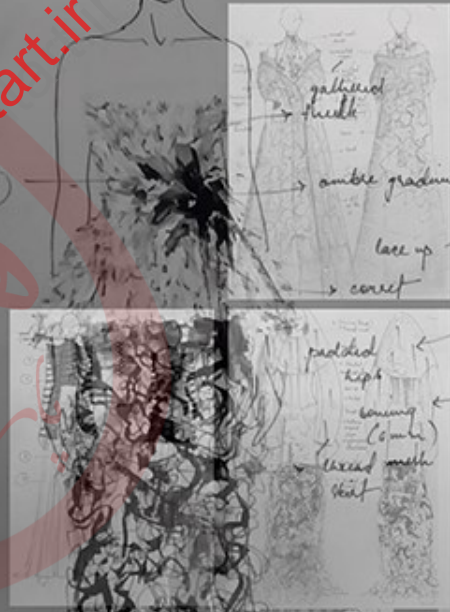
Machine embroidery

Marbling on polyester  
organza



Quilting

IDEATIONS



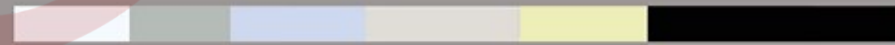
Patchwork shirring

Hand Embroidery

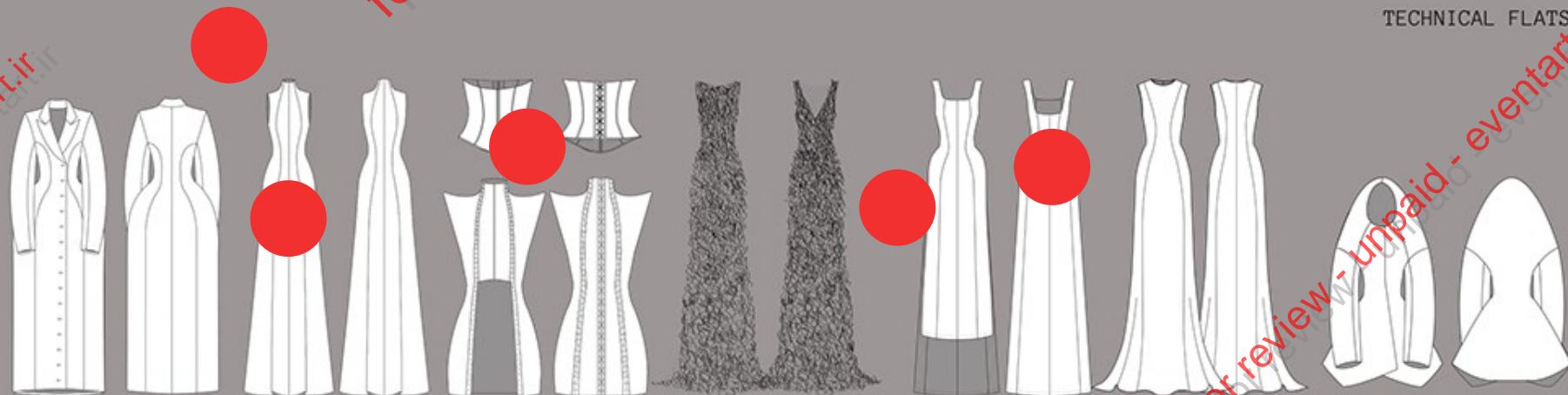




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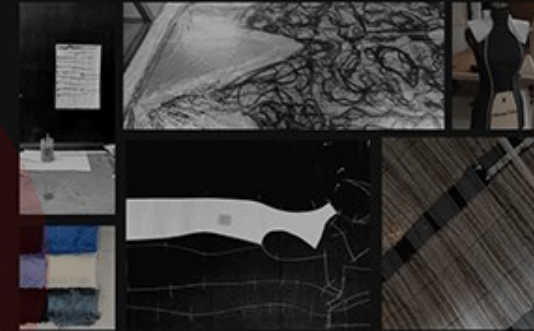
TECHNICAL FLATS



TEST FITS



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My graduation project helped me realize that I actually enjoy working with my hands. I love designing, but the making intrigues me the most. When I hand embroidered my dress for look 2. it took me about 48 hours and it felt like I was meditating. And I would face challenges while constructing and would go all over it, making significant changes to the pattern and the construction process. It taught me patience and resilience.

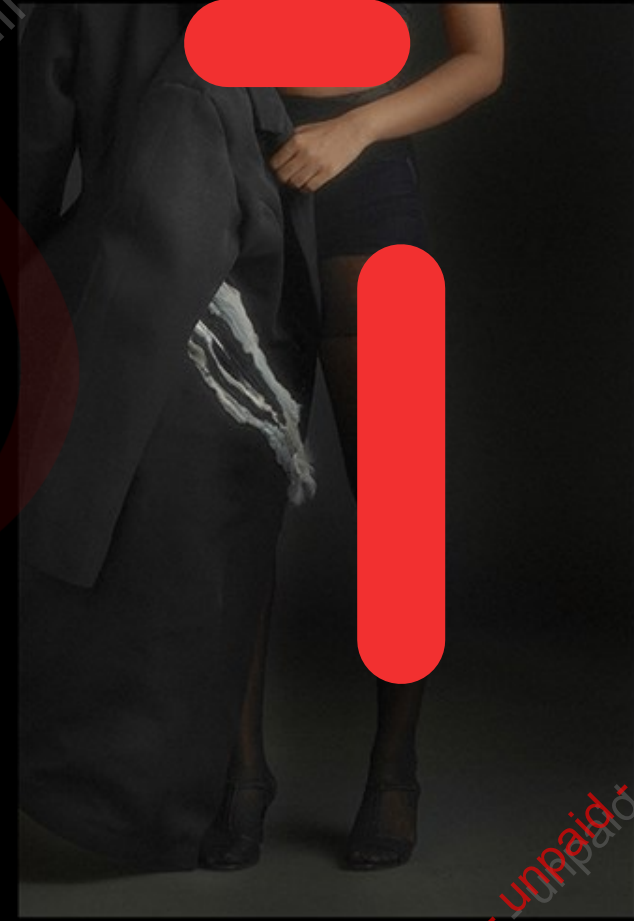
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HYPERVIGILANT



Comprises of a structured jacket , heavily boned made out out of black banana crepe and silk taffeta lining. The silhouette is supposed to mimic the over-powering nature of trauma. The patchwork representing the eye stands as a symbol of hyper-awareness and being the only motif on the black background and because of it's scale, would feel overwhelming. The jacket is larger in proportion and volume and circular boneing chanel running horizontally across the lower half imitates a cage.

Look 1



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# NUMB

Look 2

Comprises of a high-neck dress made of layers of polyester mesh. The surface is created by hand embroidering. Pieces of threads are sandwiched in between layers of mesh in an attempt to understand numbness. Even though it's presence is visible, it is not tangible. The process of creating the piece serves as a metaphor for the actual feeling of this phase.

Look 2

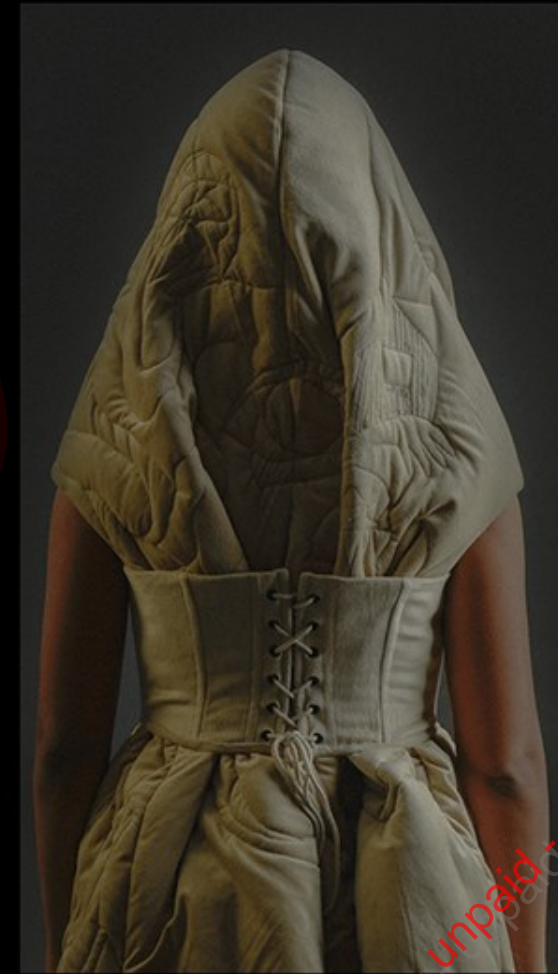


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# NIGHTMARE

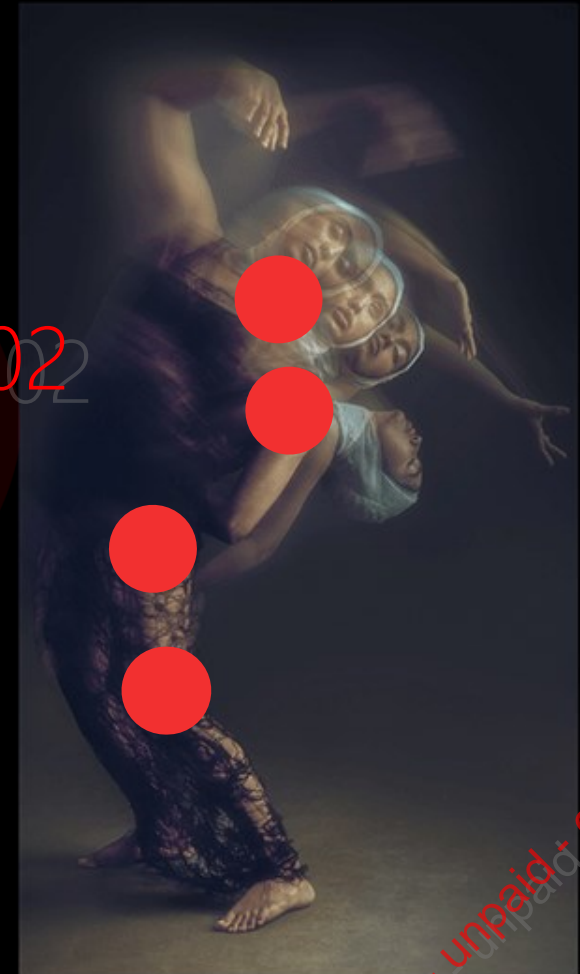
This look comprises of 3 components, a dress, a jacket and a corset. The jacket stands for a blanket wrapped all around and is made by quilting designs inspired by a friend's artwork on her nightmares, who I had interviewed to know more about trauma and response. The nightmare or the flashback stage brings back the memories of trauma and I played with the idea of recurring dreams and not being able to contain it.

Look 3



The dress beneath is made of a mesh of threads, so loose and flimsy yet it shrouds the body. It epitomizes the impression that a traumatic experience leaves on an individual, seemingly absent but leaving deep lines of significant horror.

Book 3

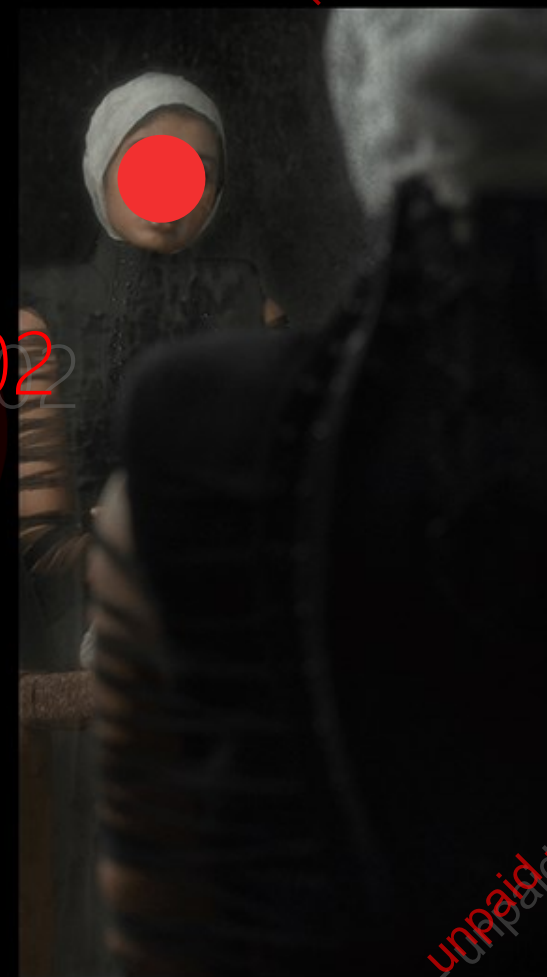


# REPROCESS

Look 4

Comprising of a white crinkle chiffon dress and corseted jacket, the look defines the most crucial stage of healing. Chanel of eyelets run along the jacket, giving it the ability to fasten the wearer in it's tightening grip. But there's also a possibility to break through it, to finally come to acceptance.

Look 4





Book 4



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# INTEGRATION

The final look stands for integrating the traumatic experience into the life, such that there's little trace of it. Ofcourse white could never be white again, but an off-white is a mark of celebration of acceptance. The mesh of threads becomes the beautiful lace and the dress allows more movement. The only word that comes to mind would be serenity.

Look 5



# V E R M I N

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BRIEF :

To design a collection of 5 ensembles following a design process, derived from individual self-expression.



## CAREGIVER'S STRESS: A LESS REPRESENTED SOCIAL ISSUE

### RESEARCH

Worldwide, the burden of mental disorders (MDs) on the public health system has grown significantly. According to estimates, the burden of MDs is 14% worldwide, with developing nations bearing the largest burden, which contributes to ongoing economic hardship and below-average productivity both at the individual and national levels. MD contributes significantly to global disability-adjusted life years. Particularly in low- and middle-income nations, MDs significantly reduce the quality of life for both patients and the family members or friends who care for them. The whole physical, emotional, and monetary costs of caring for a family member who has a medical condition have been referred to as caregiver burden. Distress, stigma, concern, humiliation, and guilt are all part of the caregiver's experience, while the positive encouragement revolves around caregiver appreciation.

### INFERENCE

People with MDs have received the majority of the attention from researchers and mental health practitioners in recent years. There is now a need to concentrate on MD patients' caregivers as well, particularly in developing nations where there are insufficient health systems for handling patients with mental health issues and their caregivers. The lack of adequate health systems in underdeveloped nations has an impact on quality of life, making it harder to diagnose and treat mental health issues, as well as to document disability among community members who have MDs and increase the obligations on caregivers.

### INSPIRATION

It happened to come across Franz Kafka's novel - 'The Metamorphosis', that explored themes like the absurdity of life, transformation, social alienation, family responsibility and loss of identity. The absurd situation that the characters find themselves in, resonates with the research, and could be subtly translated into the experience of a human struggling with MD and how their caregivers react to the situation.





MOODBOARD



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CONCEPT NOTE :

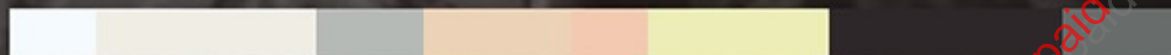
Inspired by Metamorphosis, I tried combining Kafka's vision with the general scientific meaning of metamorphosis. While the later seems a beautiful phenomenon, Kafka's interpretation though dark and nightmarish bizarre, fits in with the powerlessness that we often feel. It feels even more realistic in an absurd way.

KEYWORDS

Transformation  
Trapped  
Isolation  
Segmented  
Butterfly  
Absurd

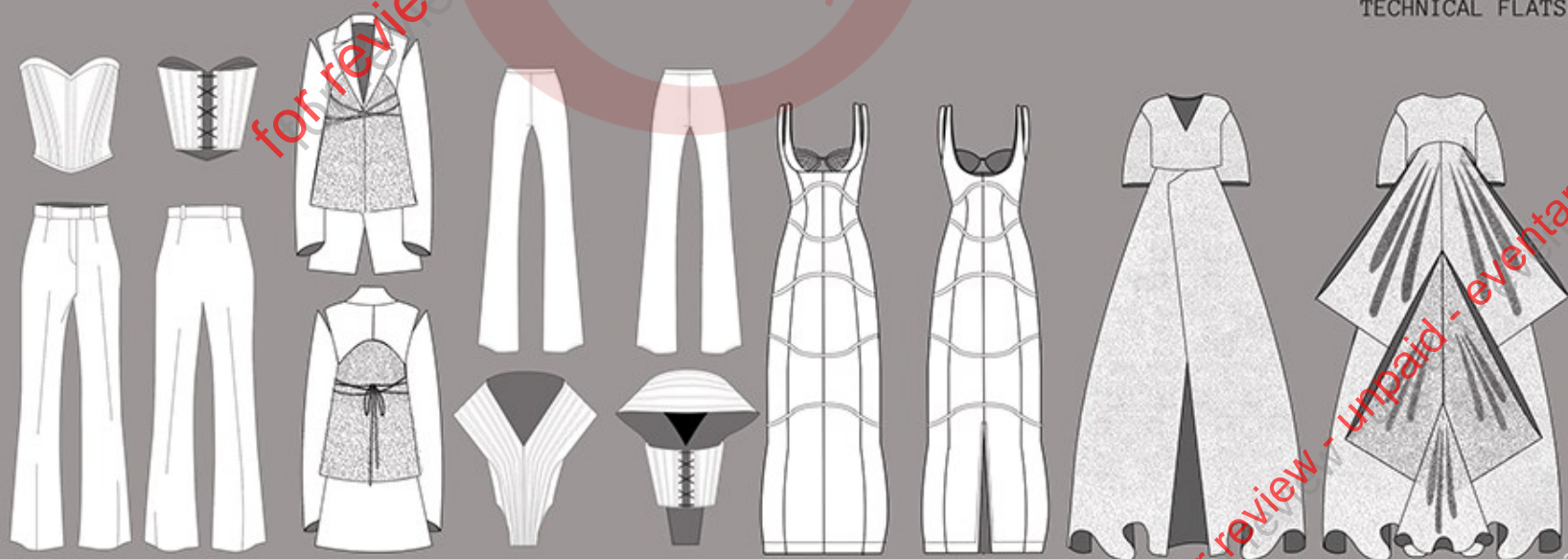


Colour Palette





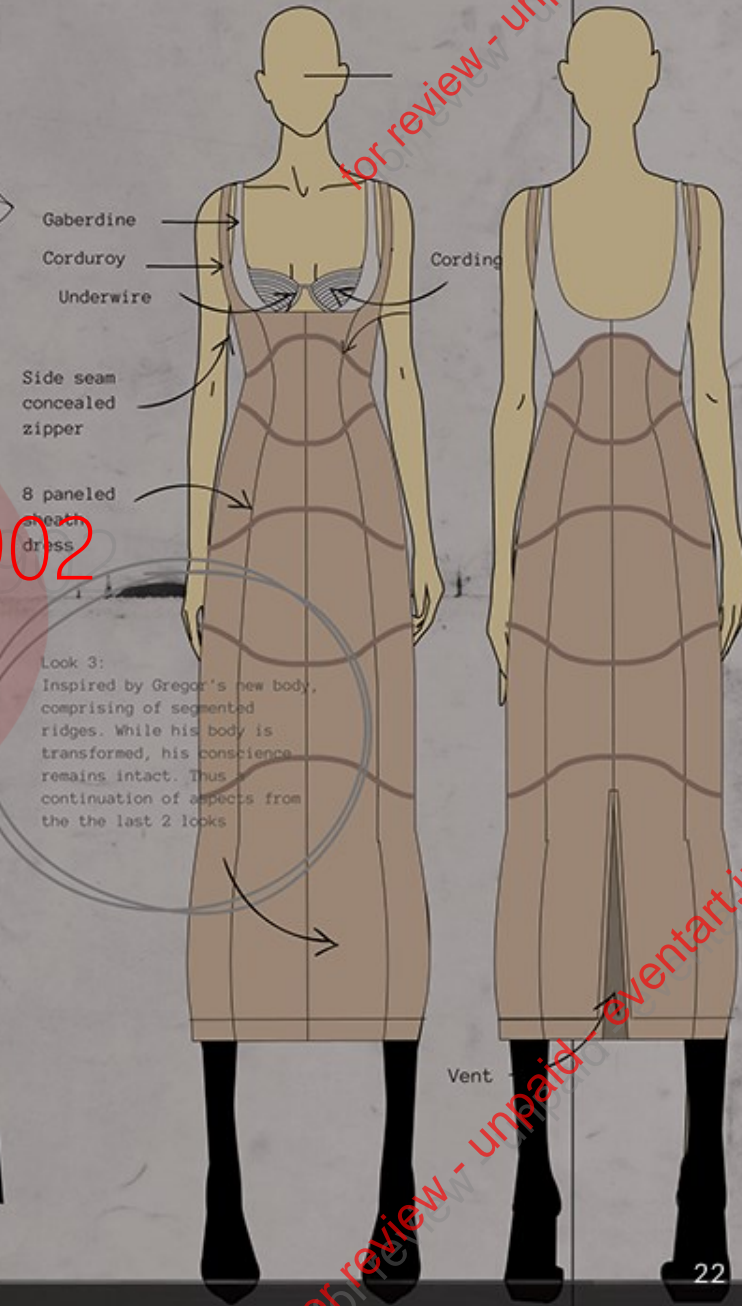
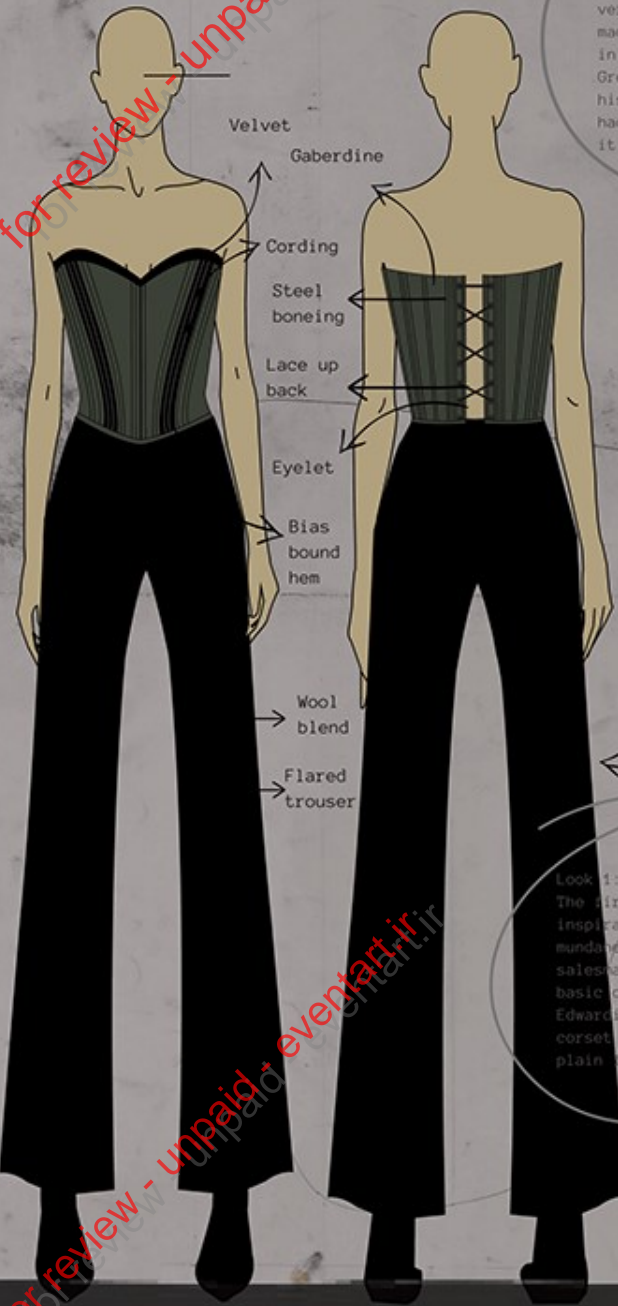
TECHNICAL FLATS



Look 2:  
Reflects Gregor's transformation into a vermin. The silhouette is made to restrict movement, in a similar way to how Gregor felt trapped inside his new body and how he had to learn to adapt to it.

Look 1:  
The first look takes inspiration from Gregor's mundane life as a salesman. It consists of a basic corset inspired from Edwardian tight-laced corset and paired with plain flared pants.

Look 3:  
Inspired by Gregor's new body, comprising of segmented ridges. While his body is transformed, his conscience remains intact. Thus continuation of aspects from the the last 2 looks



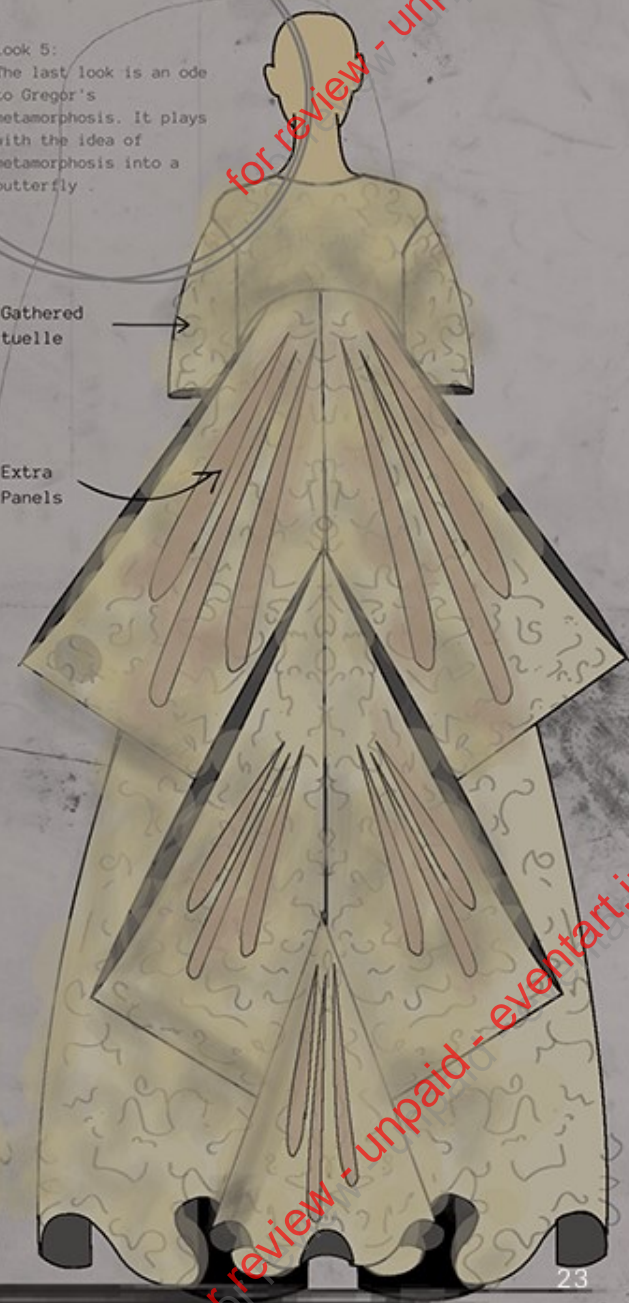
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# VERMIN : COLLECTION DETAILS

Look 4:  
This look represents  
Gregor's metamorphosis  
and is an attempt to  
capture the conflict he  
goes through

Look 5:  
The last look is an ode  
to Gregor's  
metamorphosis. It plays  
with the idea of  
metamorphosis into a  
butterfly



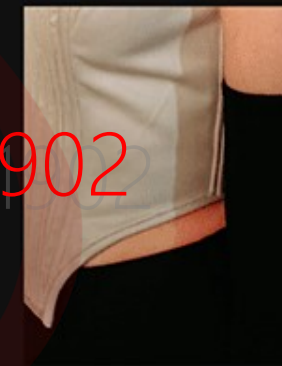
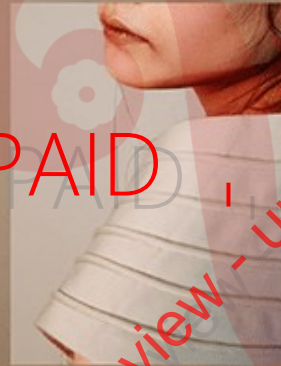
Look 1:

Description - Off-shoulder corset paired with flared trousers and jersey gloves. .

Project No. 2  
Vermin



FINAL GARMENTS

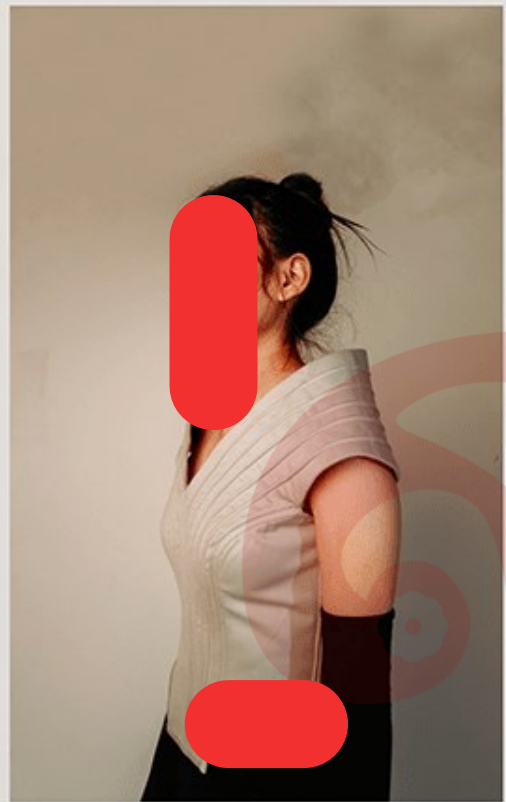


DETAILS

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The corset is laced at the back and cording and steel bones are used for structural support



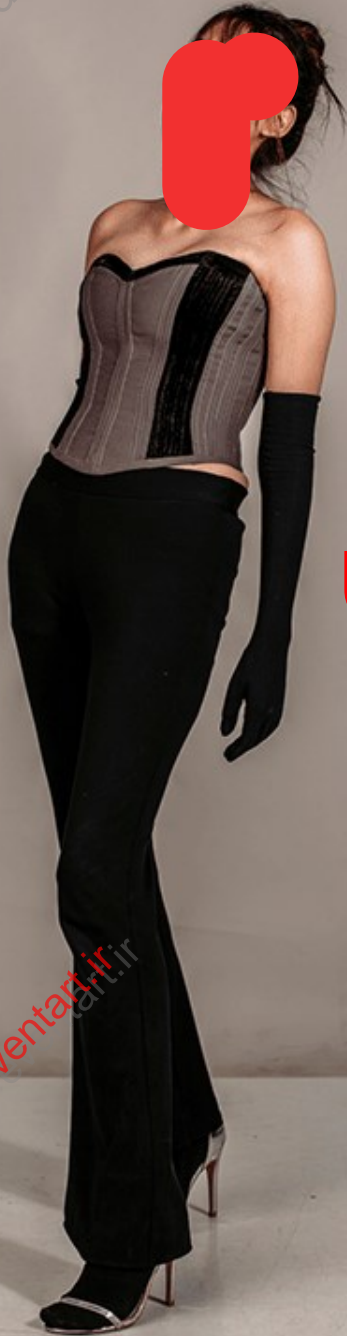
Materials required :

- Gaberdine
- Poplin
- Wool blend
- Flat steel boneing
- Spiral steel boneing
- Eyelet
- Cotton cord

Look 2:

Description- Princess paneled corset paired with flared trousers and jersey gloves.

Project No. 2  
Vermin

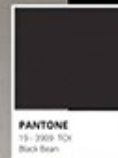


FINAL GARMENTS



DETAILS

UNPAID , 09120891902



The corset is laced at the back and cording and steel bones are used for structural support .

Credits -

Photography : Manish  
Styling : Simran  
Model : Ishika

